

Cape Cod National Seashore

National Park Service
U.S. Department of the Interior



Ranger-Guided Activities October 10th through November 26th, 2006

SALT POND VISITOR CENTER

OPEN DAILY 9 TO 4:30, OFF ROUTE 6, EASTHAM.
(508) 255 - 3421.

This extensively rehabilitated visitor center offers magnificent views of Salt Pond, Nauset Marsh, and the Atlantic; an outstanding museum; and park films in the remodeled theater with a new, digital audio-visual system. Staff are on duty to help with trip planning, and there is a well-stocked store offering books, maps, puzzles, games and other interpretive items for sale. A new restroom facility is available in the parking area. The Nauset Marsh and Buttonbush trails, and the Nauset Bicycle Trail are located nearby.

PROVINCE LANDS VISITOR CENTER

OPEN DAILY 9 TO 5, THROUGH OCTOBER 31.
OFF RACE POINT ROAD, PROVINCETOWN.
(508) 487 - 1256

The Province Lands Visitor Center will close for the season at 5 PM on October 31st. The center will reopen May 1, 2007. Over the winter, the outdoor observation deck may be closed for repair. Check www.nps.gov/caco for available details.

TIPS FOR AUTUMN VISITORS:

- ❖ Take precautions to avoid contact with insects. Deer ticks may carry Lyme disease. Stay on trails, out of tall grasses, and inspect clothes and skin. Use repellent and wear proper clothing. Avoid browntail moth "tents" on vegetation.
- ❖ Hunting is permitted within Cape Cod National Seashore, from mid-October through February. It is suggested that people participating in outdoor activities in the seashore wear orange during hunting season. Bicycle trails and self-guiding trails are closed to hunting.
- ❖ Most seasonal restrooms at trailheads and beaches are closed.



Fall Symposium: Provincetown and the Seashore...Inspiration and Conservation

Explore a place like no other where life is intimately connected to the surrounding dunes and the sea. Presenters will share art, culture, science, livelihoods and lore. Sponsored by *Friends of the Cape Cod National Seashore*, all programs are free and on Saturday evenings at 7 PM at the Province Lands Visitor Center. For more information call (508) 487 - 1256. ♿

Provincetown: From Pilgrim Landing to Gay Resort with Karen Krahulik October 14th

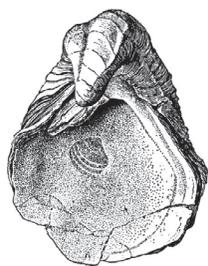
In this lecture and slide presentation, author Karen Krahulik will tell the story of this beguiling coastal town from its early history to its current stature as a bustling gay tourist destination. She will detail many of the cultures and groups - Yankees, artists, Portuguese fishermen and women, gay and lesbian tourists - that have comprised and influenced Provincetown. Followed by book signing.

A National Treasure Offshore: Slide Show with Anne Smrcina, Education Coordinator Stellwagen Bank National Marine Sanctuary - October 21st

Located just three miles from the Province Lands is an ocean area deemed to be of special national significance - the Gerry E. Studds Stellwagen Bank National Marine Sanctuary. Historically important as a fishing ground for over 400 years, and more recently popularized as a world class whale watching destination, Stellwagen Bank is a rich and fascinating environment.

Characters and Lore of Provincetown and the Backshore with James Coogan October 28th

For over three centuries, Provincetown has been a unique place. Provincetown has hosted a number of characters, from George Washington Ready, observer of the great sea monster in the late 19th century, to Harry Kemp, the poet of the dunes, to the Barbarians, a home-grown 1960s rock group who may have been ahead of its time asking in that hit song, "Are you a boy, or are you a girl?" Jim Coogan, Cape Cod writer and historian, will tell stories of the boy who rode on a whale, another who was almost swallowed by one, the Flying Nutrinos, and the resident who climbed the Pilgrim Monument on the outside. Followed by a book signing.



"STATE OF WELLFLEET HARBOR" CONFERENCE

Saturday, November 4th, 8:30 AM to 1:30 PM. Free.

This fourth annual conference, sponsored by various environmental organizations, will cover a range of topics pertaining to the health of Wellfleet Harbor, including the proposed Herring River restoration project. Location: Wellfleet Senior Center, 715 Old King's Highway, Wellfleet.

Nauset Light Tours WWW.NAUSETLIGHT.ORG

FREE TOURS CONDUCTED BY NAUSET LIGHT PRESERVATION SOCIETY VOLUNTEERS SUNDAYS THROUGH OCTOBER, 1 TO 4 PM. The non-profit, Nauset Light Preservation Society conducts tours, and preserves the light under agreement with the National Park Service. (508) 240 - 2612.



Eastham and Wellfleet Programs		Sun	Mon	Tue	Wed	Thu	Fri	Sat
TALK: DARE TO DISCOVER 11 AM - Sundays 1:30 PM - Saturdays ½ hour. Free. ♿	Find out what the topic of the day is by calling (508) 255-3421, ext 0, or by just showing up for this program at the Salt Pond Visitor Center. <i>No programs October 14th through October 22nd.</i>	●						●
TOUR: CAPTAIN EDWARD PENNIMAN HOUSE 11 AM 1 hour. Free.	Explore the interior of this historic home at Fort Hill. Learn about this whaling captain and his well-traveled family. BY RESERVATION ONLY. CALL (508) - 255-3421. Limited parking. <i>No program November 25th.</i>							●
ACTIVITY: NATURE OF THE CAPE 1:30 PM 1 hour. Free. ♿	Join us for this series of activity-based programs designed to provide basic skills for learning about the nature of things on Cape Cod. All programs are presented at an introductory level and, with the exception of the archaeology program, meet at the Salt Pond Visitor Center <i>on the following dates only:</i> 10/29 - TREES: Tree Identification 11/5 -THE SENSES: Exploring Animal Senses 11/12 - SEAWEEDES: Seaweed Identification 11/19 - ARCHAEOLOGY: A mock dig, for children age 6 and up. Meet at Coast Guard Beach parking area. 11/26 - NAVIGATION AND MAP READING	●						
 LIGHTHOUSE TOUR: THREE SISTERS 3 PM 1 hour, ½ mile. Free. ♿	These 19th-century lighthouses once provided a beacon for sailors off the shores of Eastham. Learn of their history and importance. Meet at Nauset Light Beach parking area. <i>No program November 26th.</i>	●						
WALK: SHIFTING SANDS 3 PM 1 hour, 1 mile, easy. Free.	Bring the family out to explore a different beach each week. Examine their changing landscapes, and discuss the various plants and animals that call these dramatic places home. 10/28 & 11/25 - Meet at Coast Guard Beach parking area, Eastham 11/4 - Meet at Great Island parking area, Wellfleet 11/11 - Meet at Marconi Beach parking area, Wellfleet 11/18 - Meet at Nauset Light Beach parking area, Eastham							●
Truro Programs		Sun	Mon	Tue	Wed	Thu	Fri	Sat
HIKE: PILGRIM LAKE DUNES 10 AM 2 hours, 2 miles in soft sand. Free.	Explore some of the biggest sand dunes on the Cape. Learn how they formed and have changed over the years. Meet at the dirt parking area at the end of High Head Road, off Route 6, North Truro. <i>Through October 26th only.</i>					●		
Provincetown Programs		Sun	Mon	Tue	Wed	Thu	Fri	Sat
WALK: DUNE FOREST 10 AM Free. 1½ hours, 1½ miles in soft sand.	Explore a unique hardwood forest habitat nestled in the barren dunes of the Province Lands. Enjoy fall color reflected in jewel-like ponds. Meet at the Beech Forest parking area, off Race Point Road. <i>Through October 28th only.</i>							●
WALK: PROVINCE LANDS DUNES & BOGS 10 AM - Sundays and Wednesdays 2 PM - Saturdays 1 hour, 1 mile in soft sand. Free.	Explore an enchanting dune landscape of unusual plants and wild cranberry bogs bursting with red, ripe cranberries. Discover the hidden story of America's oldest public lands. Meet at the Province Lands Visitor Center. Family program. <i>Through October 29th only.</i>	●			●			●

A Day of Butterflies

MONDAY, OCTOBER 9TH (Columbus Day)



HIKE: BUTTERFLY EXPEDITION - 10 AM. 2 hours, 3 miles in soft sand. Free.

Search for butterflies with lepidopterist Tor Hanson in the upland edges of a salt marsh, where the plant community of Sea Lavender, Sea Rocket, Seaside Goldenrod, and asters provides a source of nectar. Hanson hopes for sighting of the iridescent Red-spotted Purple (*Limnitis arthemis astyanax*) among other migratory and fall brood species. Bring binoculars if you have them. Meet at the Province Lands Visitor Center.

ILLUSTRATED LECTURE: BUTTERFLY DIVERSITY ACROSS CAPE COD

1:30 PM, 1 hour. Free. The ecosystems within the national seashore are veritable oases of nectar along the path of many butterfly species. Join lepidopterist Tor Hanson for an illustrated program that explores the fascinating migration of the distinctive Monarch butterfly, on the wing in this area from mid-May until its southward departure in October, as well as the behaviors of other species. Meet at the Province Lands Visitor Center. *Butterflies Across Cape Cod: A Guide to Finding, Attracting, and Observing Butterflies on the Cape*, by Mark Mello and Tor Hanson, will be on sale at the Eastern National bookstore in the Province Lands Visitor Center.

SPECIAL MULTIMEDIA PRESENTATION: THE WRECK OF THE SOMERSET, BRITISH MAN-OF-WAR - Friday, October 20th, 2 PM. ¾ hour. Free.

*“Just as the moon rose over the bay,
 Where swinging wide at her moorings lay,
 The Somerset, British man-of-war,
 A phantom ship, with each mast and spar,
 Across the moon like a prison bar.”*
 Immortalized by Longfellow’s poem, “Paul Revere’s Ride,” the story of the *Somerset* in the Revolutionary War ended in a fierce storm in 1778, when it ran aground on the Peaked Hill Bars. Park Ranger Brennan Murray will share this unusual shipwreck story, including DVD footage from the recovery of the ship’s remains. Meet at the Province Lands Visitor Center. ♿